

ANNUAL REPORT

WWW.SAHABAINITIATIVE.ORG





#### VISION

To transform lives by leading community programs that inspire future generations to break cycles of poverty.

#### **OUR VALUES**

We hold these values central for our organization:

#### كرامة

Dignity

All people hold a special value that is tied solely to their humanity.

#### أمانة

Trust Demonstrating sound moral and ethical principles, accountable, responsible, and truthful. إحسان

Excellence Excellence requires constant adaptation, innovation, and beauty in order to achieve success.







### MISSION

To transform communities and support families in crisis through addressing core areas in housing, hunger, economic stability, and well-being.







# OUR Story

Sahaba Initiative was founded in 2009 by high school students who came together to create change by feeding the homeless community at a local park in Riverside. Over the past 15 years, due to the overwhelming support of the community, it has become one of the largest Muslim nonprofits serving the Inland Empire.

Today, it continues to uphold its values as a grassroots nonprofit organization focused on breaking the cycles of poverty in the San Bernardino & Riverside counties. It is dedicated to service in accordance with the principles of Islam, and offers critical relief to families in crisis in order to allow them to work towards becoming self- sustainable.

A community is only as strong as its families. Sahaba Initiative's mission is to lift families out of crisis and into sustainable independence. In order to create transformative change, we cannot only focus on one area; rather, Sahaba Initiative takes a holistic approach to nurture healthy families in our community.





#### **OUR 4 AREAS OF FOCUS**











### HUNGER

Sahaba Initiative was founded with the simple goal of feeding the under served in our community. Over 15 years, we have gone from volunteer feedings at a local park to becoming one of the critical food assistance centers for our San Bernardino community.



**916,600+** Meals Produced



In 2022, Sahaba Initiative purchased an illegal drug house near San Bernardino High School & transformed it into our Food & Wellness Center. We turned a source of harm & despair into a place of hope & healing for the community. We are proud to serve over 350 families every Saturday through the Food & Wellness Center's food pantry. We are currently in the process of transitioning our pantry into a full client choice model and a Gold Certified pantry through Leah's Pantry. The Food & Wellness Center often serves as an entry point for our community members to become involved with our other services.



### **WELL- BEING**

Mental health, and overall well-being, has long been overlooked as a critical factor in the social and financial success of both families and individuals. No matter how much aid you give someone, they cannot break out of the cycles of poverty if they are crippled by trauma. However, most never get therapy due to stigma, lack of culturally competent therapists, or simply because they cannot afford it.





Sahaba Initiative provides mental health services to those in the Muslim community who otherwise could not afford them. We offer individual, couples and family therapy services and support groups. Our licensed therapists are culturally competent and have extensive experience with challenges unique to Muslim community members.

Many Muslims, especially our refugee clients, are dealing with extremely stressful realities such as their families being trapped in war-torn areas. For example, we provide counseling to many Palestinian clients who are struggling with the genocide of their families. We see this service as a critical element in breaking the cycles of poverty and establishing strong, healthy families within our community.



### EMERGENCY FINANCIAL ASSISTANCE

Sahaba Initiative is the last hope of many families facing homelessness and other emergencies. Wages have failed to keep up with the rising cost of housing, and many families are struggling to pay for their basic needs such as shelter and utilities. Increasing numbers of Muslim refugee families are being relocated to the Inland Empire, without the capacity to provide for their families.

# 90%

Approximately 90% of our emergency assistance goes towards families who cannot afford rent or are facing eviction. We also offer Utility Assistance Programs, debt relief, transportation assistance, and much more. Our Emergency Financial Assistance programs have prevented many families from spiraling into homelessness, which most never recover from, and have given them the chance to get back on track towards sustainability.

### \$331,000

Emergency Assistance Distributed

### **433 Families**

Provided Emergency Financial Assistance

### **159 Families**

Provided Utility Bill Assistance

### 1,584 Beneficiaries

Provided Emergency Financial Assistance





# 2024 ACCOMPLISHMENTS

#### Launched Project CLIMB

Sahaba Initiative has launched its newest program, Project CLIMB, to take the next step in breaking the cycles of poverty for local families. This project provides career pathways, workforce development, and intensive case management for families caught in poverty who just need an extra boost to achieve financial sustainability. Through Project CLIMB, we are fostering generational change by transforming our direct assistance services into longterm solutions.



#### Launched CMHPP in Riverside

In 2024, we opened our third location in Riverside as a center for our CMHPP program in partnership with Riverside County. Through this initiative, we have conducted presentations for over



AND REACHED MORE THAN



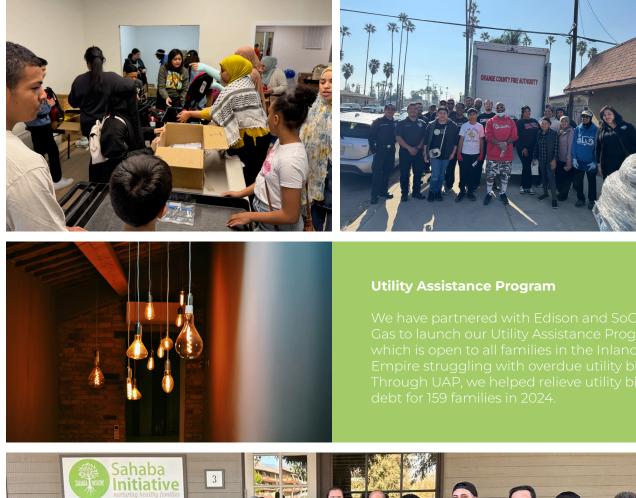
between the ages of 9 and 70, promoting greater mental health awareness within our local communities.





#### Altadena Fires Disaster Response

As we witnessed the devastating Altadena fires impact the communities of many friends and neighbors, we knew we had to take action. We facilitated the distribution of over \$10,000 worth of essential items to those affected, including hygiene kits, blankets, sleeping bags, water bottles, shoes, backpacks, and more. In times of crisis, we remain committed to being a source of hope for our neighbors and communities.





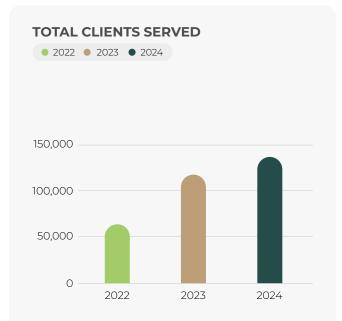
#### Doubled Our Team to Meet the Growing Need

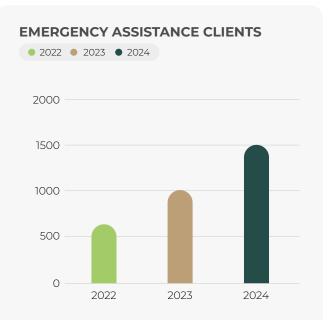
The demand for assistance in the Inland Empire has grown exponentially over the past year. With an unprecedented number of families applying for our services, Sahaba Initiative expanded its team by hiring eight new staff members in 2024. These roles include a Financial Assistance Coordinator, two Mental Health Promoters, a Grant Writer, an Outreach & Development Manager, a Well-Being Coordinator, a Food Pantry Coordinator, and a Chief Operations Officer.





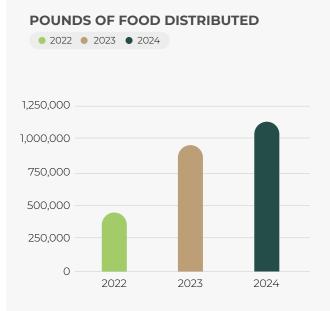
Sahaba Initiative keeps a strong emphasis on strategic growth and sustainability. These priorities have allowed us to exponentially increase both our impact and our capacity over the last 3 years.

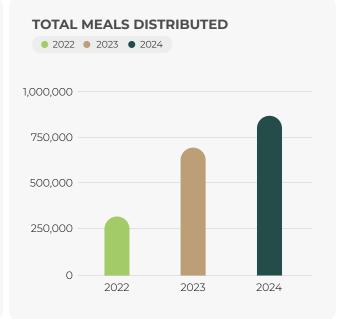










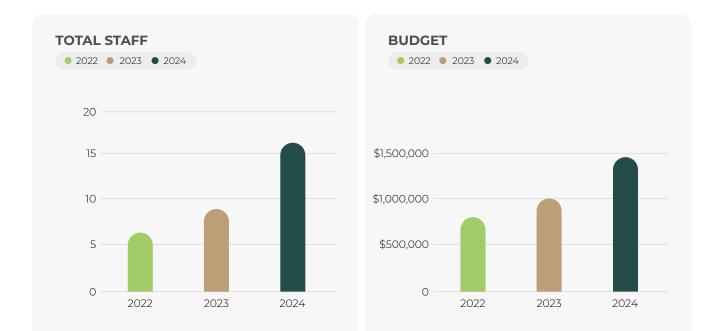






# **GROWTH CONTINUED**

We look forward to continuing to grow in our impact, and helping more families break the cycles of poverty every year. We would like to extend a huge thank you to all of our partners and contributors whose support makes this growth possible.



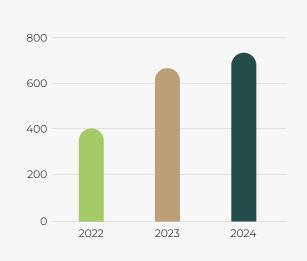






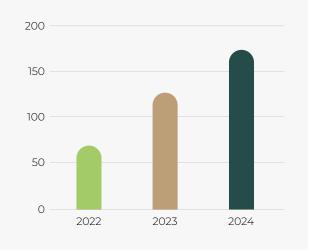
#### **COUNSELING SESSIONS**

● 2022 ● 2023 ● 2024



#### TOTAL THERAPY CLIENTS

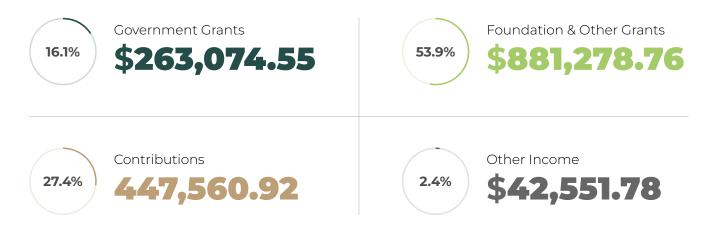
● 2022 ● 2023 ● 2024





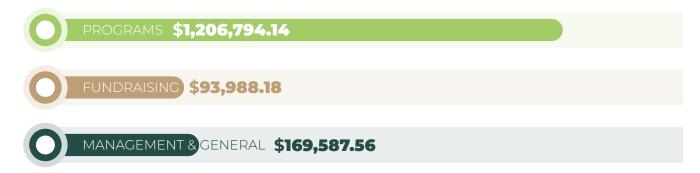


#### Sources of Funds





#### Use of Funds





### OUR SPONSORS & PARTNERS





# **OUR LEADERSHIP & STAFF**



Dr. Arbazz Nizami Founding President



**Mohammed Kuko** Founding Secretary



**Faezeh Fathizadeh** Board Member



**Adnan Syed** Chief Financial Officer



Hateem Siddiqui Endowment



EADER

Malek Bendelhoum Co-Founder & CEO



Rangeena Salim-Eissa Program Director



Samira Hazama LMFT



Rabia Fazil Ludin Community Mental Health Promoter



Iman Mimou Wellbeing Coordinator



Sergio Godinez Pantry Support Staff



Zavn Razi COO



Amanee Bendelhoum LCSW



Shaheen Nassar Development and Outreach Manager



Amin Donshael Clark Pantry Coordinator



Ahmad Ludin Financial Assistance Coordinator



Veronica Weihs Case Manager Project C.L.I.M.B.



STAFF

Janette Court Program Director



Bendelhoum LMFT



Asma Kanaan Community Mental Health Promoter



Jill Kowalski Grant Writer



**Christian Court** Pantry Support Staff









**Family Resource Center** 1887 Business Center Dr. Suite 3, San Bernardino CA 92408

(909) 381-3002

#### Hours

Monday-Thursday, 10:00-02:00 PM Monday & Wednesday, Walk-ins Tuesday & Thursday, by appointment only



**Pantry & Wellness Center** 1694 N. D Street, San Bernardino, CA 92404

**Hours** Every Saturday, 12-00 PM – 02:00 PM

**Riverside Satellite Office** 3600 Lime St building 2, Riverside, CA 92501

Hours Appointment Only



Sahaba Initiative is a non-profit 501 (c)(3) public charity Tax ID: 45-2488503 (909) 381-3002 info@sahabainitiative.org

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